



ICGP Newsletter

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Mission Statement of the ICGP

The mission of the International College of Geriatric Psychoneuropharmacology is to further clinical care, research, and education in geriatric psychoneuropharmacology by fostering cross-fertilization of scientific knowledge among clinical and pre-clinical scientists from different related disciplines

Defining and articulating clinical methodologies necessary for the proper study and subsequent large-scale application of interventions to prevent and treat neuropsychiatric disorders

Periodically developing consensus-based interpretations of available scientific data in order to recommend scientific and regulatory policies regarding the application of interventions to improve the health and well-being of the aging individuals with neuropsychiatric disorders who are residing in many culturally distinct societies world-wide.



A Message from the Chairman

Dear colleagues and friends,

In this third newsletter of the ICGP, I would like to take the opportunity to welcome you to the College. The ICGP is constituted by a selected group of clinicians and researchers dedicated to the advancement of neuropsychiatric care of older populations around the world. The mission of the ICGP is to further clinical care, research, and education in geriatric psychoneuropharmacology by fostering crossfertilization of scientific knowledge among clinical and preclinical scientists from different related disciplines.

A key objective of the ICGP is to enhance communication among clinicians and researchers internationally. We are always looking for ideas to increase the rele-

vance of ICGP and improve its standing among the associations relating to neuropsychiatric disorders of the elderly.

The ICGP is now in its 16th year of existence, and will celebrate its XVI annual meeting from October 5-8, 2016, at Athens University, Greece.

In our first newsletter, a summary of our 2012 Meeting in Sevilla (Spain) was published. Our meetings in 2013 at Pittsburgh University (USA) and 2014 at the University of Tsukuba (Japan) were also very successful, with a very high standard of scientific communications delivered by world-leading scientists and clinicians. In 2015 Drs. R O'Hara and B Diniz organized our last Meeting at the University of Stanford (Palo Alto, California); this exciting meeting excelled in bringing together cutting edge clinical and scientific findings in the field.

The International Journal of Geriatric Psychiatry is the Official Journal of the ICGP and its editor Professor G. Alexopoulos has written a piece on the journal's aims and outlook on page 5 of the newsletter. The journal

has recently published many of our junior award-ees' research papers in a special issue, and will continue to do in the same way. We are deeply honored by this acknowledgement.

The ICGP has been officially invited to the World Congress of the CINP, and some of the ICGP Executive Council acted as ambassadors for this important event. Dr. Gwenn Smith will share her experience at the CINP Seoul Congress in this issue. We are very proud of this invitation and grateful to Professor Shigeto Yamawaki, President of the CINP, and past-president of the ICGP. To quote our learned colleague "the mission of ICGP and CINP are united".

I look forward to seeing you in Athens, where I will end my presidential term. An outstanding program has been set up by the organizing committee, led by Drs. Constantin Soldatos and Antonis Politis, to whom we are also very thankful.

Warm regards and best wishes.

Angel Morinigo

President of the ICCP

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XV ICGP Annual Meeting 2015 — Palo Alto, California Highlights



The XV ICGP Annual Meeting was a great success. The three-day meeting held in the prestigious Stanford University, Palo Alto, CA, gathered together almost 100 attendees and speakers who discussed the most recent developments and future directions in geriatric psychopharmacology research.



Symposia topics ranged from depression-associated cognitive impairments, recent advances in non-pharmacological and pharmacological interventions to the potential role of stem cell research for characterizing the etiology of late life psychiatric disorders.

In the meeting opening activities, Drs. O'Hara and Diniz, the Co-Presidents of the XV Annual Meeting, highlighted the importance of the International College of Geriatric Psychopharmacology in promoting the collaborative efforts of researchers and clinicians around the world to develop novel and more effective therapeutics for the mental disorders common in the elderly.

A highlight of the meeting was a town hall meeting on the last day, with investigators from around the world, and representatives from NIH discussing in an open forum how we can combine efforts to accelerate knowledge and treatment of mental health symptoms and disorders in the elderly.

We expect that the XVI ICGP Annual Meeting held in Athens, Greece will be even a greater success, congregating all of those interested in fostering the research and collaborations in geriatric psychopharmacology.

Ruth O'hara and Breno Satler Diniz

Co-Presidents, XV ICGP Annual Meeting



30th Annual meeting of the International College of Neuropsychopharmacology (CINP) – Seoul



The 30th Annual meeting of the International College of Neuropsychopharmacology (CINP) was held in Seoul, South Korea on July 3-5, 2016.

This outstanding meeting was particularly exciting this year as Shigeto Yamawaki, MD, PhD, an ICGP Past-President, was the President of the CINP. We held the first CINP-ICGP Panel that was entitled "Molecular Mechanisms of Late Life Mood and Cognitive Disorders: Targets for Prevention and Intervention".



The program was chaired by Jeong Lan Kim (Korea) and myself. The speakers included ICGP Past-President John O'Brien (UK), Hochang Lee (US), Hidehisa Yamashita (Japan), all active members of the ICGP. The session was well attended and presented new data on molecular (beta-amyloid and tau) and magnetic resonance imaging in late life mood and cognitive disorders, as well as exciting data on cognitive and mood symptoms post-coronary artery bypass grafting (CABG) and post stroke depression. The session was a great opportunity to introduce to the CINP audience topics that are of great importance to the field and to the ICGP.

We look forward to the next CINP meeting in Vienna, Austria, June 16-19, 2018 and hope to propose a scientific symposium of mutual interest to both organizations.

Gwenn Smith

Past ICGP President

XVI ICGP Annual Meeting 2016 — Athens, Greece

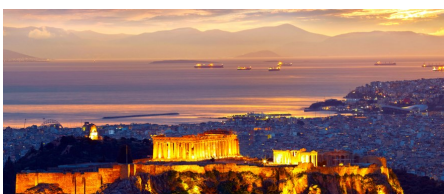


We are delighted to announce the *16th Annual Meeting of Geriatric Psychoneuropharmacology*, which will take place in Athens, Greece on October 6–8, 2016.

The meeting is an integrated congress event, held together with the *5th International Congress of Psychiatry and the Neurosciences*, and is jointly organized by the ICGP and the Hellenic Society for the Advancement of Psychiatry and Related Sciences (HSAPRS).

We hope the collaborative nature of the meeting will result in considerable thematic cross fertilization, widening the scope of the congress event in a meaningful manner.

Besides the ICGP and HSAPRS, the World Psychiatric Association (WPA), the Hellenic Psychogeriatric Association (HPA), the World Federation of Societies of Biological Psychiatry (WFSBP) and the International Neuropsychiatric Association (INA), will not only act as official sponsors but also greatly enrich the congress program with a number of independently organized scientific sessions.



The final program will include:

- Two keynote lectures, one by Sir Robin Murray entitled “At last we have a model of schizophrenia that integrates social and biological phenomena”, and one by Professor Alan Thomas on the “Neurobiology of late life depression”.
- Seven plenary lectures, including a presentation by Professor Constantine Lyketsos on “Treatment development for neuropsychiatric symptoms in Alzheimer’s with a focus on agitation”, and another by Professor Theoharis Theoharidis entitled “Stress, brain inflammation and brain fog”.
- Approximately twenty symposia, organized by the ICGP and the HSAPRS, mainly pertaining to geriatric psychiatry, but also many other aspects of psychiatry and the neurosciences.
- Symposia organized by the WPA, INA, HPA as well as the Eating Disorders Section of the Hellenic Psychiatric Association, and seminars organized by WPA and HPA, as well as a special section for

To gain a global view of the joint ICGP –HSARPS Congress, please visit:

www.psych-relatedsciences.org

young investigators by the ICGP.

We believe the high scientific caliber of all congress sessions will guarantee a highly interesting and informative scientific event, offering a fantastic platform for interaction among leading clinicians and researchers with an interest in geriatric psychiatry and related areas of general psychiatry and the neurosciences.

Moreover, it is the organizers’ aspiration to provide an opportunity for senior scientists to impart knowledge and wisdom to junior researchers and physicians in need of guidance and mentorship.

We look forward to receiving you as our esteemed guests in Athens.

Constantin Soldatos and Antonios Politis

Program Co-Chairs and Event Organizers

2016 ICGP Junior Investigator Awards



We are excited to announce the 2016 ICGP Junior Investigator Awardees! Each awardee will present their research during the annual meeting poster session.

Listed in alphabetical order, the Awardees are:

Paul Donaghy, PhD. Academic Clinical Fellow, Institute of Neuroscience, Newcastle University, United Kingdom. Research abstract: "Symptoms associated with mild cognitive impairment in Lewy body disease"

Greg Elder, PhD. Research Associate, Institute of Neuroscience, Newcastle University, United Kingdom. Research abstract: "Hippocampal atrophy as a predictor of cognitive symptoms in dementia with Lewy bodies"

Aimee Karstens, MA. Clinical Psychology Doctoral Candidate, University of Illinois at Chicago, United States. Research abstract: "The separate and interactive associations of trauma and depression on neuroanatomical structures in urban dwelling adults"

Christine Ulbricht, PhD. Instructor, Department of Quantitative Health Sciences, University of Massachusetts Medical School, United States. Research abstract: "Depression and cognitive impairment among newly admitted nursing home residents in the United States"

Gilly Wolf, PhD. Researcher, Biological Psychiatry Laboratory, Hadassah, Hebrew University Medical Center, Israel. Research abstract: "Molecular and neural basis of late-life depression: Insights from animal study"

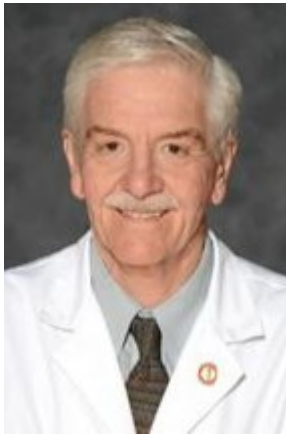
Evgenia Katirtzoglou, MD. Clinical Research Fellow, Department of Psychiatry, University of Athens Medical School. Greece. Research abstract: "Plasma levels of lipoprotein (a) and apolipoprotein A1 in patients with probable Alzheimer's disease"

The ICGP Junior Investigator Awardees will participate in a tailored training day on Wednesday, October 5 that is Chaired by Drs. Shawn McClintock (UT Southwestern Medical Center) and Sara Weisenbach (University of Utah). The training day was designed to provide the awardees with timely sessions to promote their career development and research interests. The training day will include sessions on grant writing strategies (Dr. Dimitris Kiosses, Weill Cornell Medical College), manuscript writing (Dr. Ruth O'Hara, Stanford University School of Medicine), international collaboration strategies (Dr. Angel Morinigo), mid-career scientific autobiography (Dr. Olusola Ajilore, University of Illinois at Chicago) and senior-career scientific autobiography (Dr. Gwenn Smith, the Johns Hopkins University School of Medicine). The awardees will provide brief presentations of their career development trajectory and research projects in an interactive format, and will focus on writing a manuscript for submission to the International Journal of Geriatric Psychiatry. Each awardee will be paired with a mentor who will provide guidance and support during the ICGP annual meeting.

Sara Weisenbach and Shawn McClintock

ICGP Junior Investigator Organizing Committee

The International Journal of Geriatric Psychiatry: The Official Journal of the ICGP



The International Journal of Geriatric Psychiatry is the official journal of the International College of Geriatric Psychoneuropharmacology (ICGP) and is committed to the advancement of late-life clinical science and to the careers of members. With its large circulation and electronic access the Journal has been an important vehicle for dissemination of innovations, findings, and exchange of ideas in our field. The Editors are happy to consult with prospective authors on the suitability of their papers for the journal. We are making every effort to expedite the publication cycle. When submissions do not fit to the themes of the International Journal, we inform the authors immediately to avoid delay of submission to another more appropriate journal. Although the Journal's thematic scope is broad, we are interested in papers with direct impact on clinical care. As neurobiology of late-life psychiatric disorders is advancing, we see the Journal as an appropriate vehicle for publication of cutting edge findings in this area.



Advancing the careers of junior investigators is the Journal's investment for the future. The Journal uses the editorial process to improve their papers and select reviewers inclined to assist junior authors with suggestions rather than limiting their reviews to critical comments. We make an effort to invite junior investigators to serve as reviewers and learn first-hand how to approach the publication process. We publish every year a Special Volume with papers of the ICGP Award Winners. We publicize this volume so that investigators and clinicians of field become aware of their accomplishment.

We hope you enjoy this year's meeting in Athens and look forward to receiving your papers.

George S. Alexopoulos

North American Editor

Become a Member of the ICGP

The International College of Geriatric Psychoneuropharmacology (ICGP) is a multi-disciplinary organization, primarily comprised of clinical or basic science researchers with national reputations and interest in issues around neuropsychiatric disorders in relationship to aging and the treatment of these conditions. Currently, no other international organization focuses entirely on the many disciplines involved in geriatric psychoneuropharmacology. The ICGP is open to scientists from all countries, from different related disciplines, and from different work settings (universities, government institutions, private practice, pharmaceutical industry, etc.).

We hope that you will consider applying for membership in this unique organization. The ICGP Credentials Committee will review all the membership applications.

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